

# Fibroma, a Noval Side Effect of Chimeric Antigen Receptor (CAR) T-Cell Immunotherapy in a Patient with Diffuse Large B-Cell Lymphoma: A Case Report

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**Keywords:** Chimeric Antigen Receptor (Car) T Cells; Diffuse Large B-Cell Lymphoma; Fibroma

#### ABSTRACT

Chimeric antigen receptor (CAR) T-cell therapy is an effective new treatment for hematologic malignancies. The U.S. FDA has approved the anti-CD19 CAR T-cell product tisagenlecleucel for multiply relapsed or refractory adult diffuse large B-cell lymphoma (DLBCL). There are many adverse effects after CAR T-cell therapy; primarily reported cytokine release syndrome (CRS) and neurologic toxicity, including fevers, hypotension, hypoxia, end organ dysfunction, cytopenias, coagulopathy, hemophagocytic lymphohistiocytosis, encephalopathy, cognitive defects, dysphasias, seizures and cerebral edema. Some adverse effects are rare, eg, fibroma. We report a new case of a 62-year-old female who experienced fibroma after CAR T-cell therapy.

**Abbreviations:** CAR: Chimeric Antigen Receptor; DLBCL: Diffuse Large B-Cell Lymphoma; CRS: Ytokine Release Syndrome; ALL: Acute Lymphocytic Leukemia; CLL: Chronic Lymphocytic Leukemia; NHL: Non-Hodgkin Lymphoma; FC: Fludarabine and Cyclophosphamide; TLS: Tumor Lysis Syndrome

# Introduction

A chimeric antigen receptor (CAR) is a fusion protein comprised of an antigen recognition moiety and T-cell signaling domains [1]. CAR T-cell therapy has led to significant improvements in treating multiple hematologic malignancies, including acute lymphocytic leukemia (ALL), chronic lymphocytic leukemia (CLL), non-Hodgkin lymphoma (NHL) and diffuse large B-cell lymphoma (DLBCL) [2,3]. Tisagenlecleucel and axicabtagene ciloleucel are both FDA approved for DLBCL following 2 or more prior lines of therapy [4]. With further approvals of CAR T-cell products expected for use in DLBCL, CAR T cells are used in a growing number of patients. However, adverse effects after treating patients with CAR T cells have been reported. Commonly observed adverse events include fevers, hypotension, hypoxia, end organ dysfunction, cytopenias, coagulopathy, hemophagocytic lymphohistiocytosis, encephalopathy, cognitive defects, dysphasias, seizures and cerebral edema [5,6]. So far, it has not been reported that patients suffered fibroma as a side effect after CAR T-cell therapy. Here, we show a fibroma case presentation in a patient treated with CAR T-cell for DLBCL in Hematology Department Ward at Fujian Medical University Affiliated Union Hospital.

# **Case Presentation**

Briefly, A 62-year-old woman, diagnosed as NHL in 2013, performed a cycle-therapy of FC (fludarabine and cyclophosphamide). In Nov 2019, she relapsed again with regions of bilateral cervical, supraclavicular, axillary and inguinal lymph nodes most of which manifested as oval and smooth mass with medial hardness and mobility in the transversal plane. A tumor with tenacious texture and diameter of 6×7 cm was observed in the left chest of this patient. The patient was diagnosed as multiply relapsed and refractory adult DLBCL (Follicular lymphocyte transformed, GCB type, IVA phase, IPI score 4) with twice bone marrow aspiration. After a following FC lympho-depletion chemotherapy (cyclophosphamide 1.2g qd d1-3 combined with fludarabine 40mg qd d1-3), the patient received autologous CAR-T19 expressing murine anti-CD19 scFv costimulatory activation domains (CAR-T measurement: 2×106/kg; co-stimulatory: CD20; Duration: 9m). The analysis by flow cytometry on anti-CD19 CAR-T cell percentage showed a sudden drop from 1.10% to 0.30%. Meanwhile, she

suffered fever, cough, expectoration and shortness of breath 15 days following CAR-T infusion and was diagnosed as a grade 3 CRS, pulmonary infection and tumor lysis syndrome (TLS) according to the results of inflammatory index, blood uric acid, blood phosphorus, AST increased, blood oxygen, blood calcium decreased and lung CT display.

This patient obtained rapid remission after receiving tocilizumab, glucocorticoid and anti-inflammatory treatment. In the end, the patient was discharged with no compliment. About one year after CAR-T treatment, the patient came to dermatology clinic at Fujian Medical University Affiliated Union Hospital and complained about nodular in the same region of her left chest. It presents a smooth surface, hard consistency and a sessile base. Color is similar to skin, measuring up to 3 cm in diameter, and displaying slow growth due to low mitotic index. Finally, the patient was diagnosed as fibroma by pathological biopsy showing that mild keratinization of epidermis, hyperplasia of dermal collagen fibers and some lymphocytes infiltrated around blood vessels (Supplementary Figure 1).



Supplementary Figure 1: Pathological biopsy vertified that the patient suffered fibroma after CAR T therapy.

- a. Pathological image under microscope (×10).
- b. Pathological image under microscope (×20).

## **Discussion and Conclusion**

Currently, the U.S. FDA has approved the anti-CD19 CAR T-cell treatment for multiply relapsed or refractory adult DLBCL not well controlled with topical chemotherapy or when other therapies are inadvisable [7,8]. In the case report, we administrated CAR-T therapy for this relapsed and refractory adult DLBCL patient after FC chemotherapy. As a noval immunotherapy, CAR-T cell treatment is more effective as was established in sevaral placebo-controlled clinical trials a total of 488 adult participants with relapsed or refractory adult DLBCL not adequately controlled by topical chemotherapies [9-11]. Overall, participants who received CAR-T immunotherapy achieved greater response, defined as

the objective response rate. Moreover, a systematic review was performed in Jan 2019 included 13 English literatures and 263 cases which showed that patients treated with CAR-T experienced a higher complete-remission rate (46.8%) than the patients treated with placebo, and they also found that age, hematopoietic stem cell transplantation administration, CAR-T cell counts, and drug pretreatment also affected immunotherapy on CAR-T on relapsed or refractory DLBCL [12]. Unfortunately, a considerable proportion of the patients enrolled in the meta-analysis experienced  $\geq 3$  grade CRS or/both neurotoxicity. Regarding the adverse events, limitations to widespread use of CAR T-cell therapy may be toxicity, primarily CRS and neurologic toxicity. Manifestations of CRS

include fevers, hypotension, hypoxia, coagulopathy, cytopenias, end organ dysfunction, and hemophagocytic lymphohistiocytosis. Neurotoxicities are diverse and include seizures, encephalopathy, dysphasias, cognitive defects, and cerebral edema [5,6].

Nowadays, it has not been reported that patients suffered fibroma as a side effect after CAR T-cell therapy. In this case, the 62-year-old patient experienced fibroma 1 year following CAR-T treatment, presenting a smooth surface, hard consistency and a sessile base in her left chest and the pathological biopsy verified the result. We proposed a hypothesis that fibroma occurred because of local cytokine abnormalities induced by CAR T-cell therapy. However, the mechanism is still unclear and needs to be further research. To our knowledge, immune agents, such as CAR-T cells, are still included in the current guidelines for the treatment of relapsed or refractory adult DLBCL, when topical medications are ineffective. Although the therapeutic effect of different types of CAR-T cells for the treatment of DLBCL was confirmed in recent clinical trials, there were frequent CRS and neurologic toxicity characterized by high fevers, hypotension, hypoxia, sinus tachycardia, depressed cardiac function, and another organ dysfunction were restricted. Our findings provide evidence that fibroma is a newfound side effect of CAR T-cell immunotherapy in a patient with DLBCL. Further studies should be conducted to assess the long-term stability and safety of CAR-T therapy for treatment of relapsed or refractory adult DLBCL.

## **Ethics**

Written informed consent has been provided by the patient to have the case details and any accompanying images published. No institutional approval was required to publish the case details.

### Disclosure

The authors report no conflicts of interest in this work.

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