ISSN: 2574 -1241



DOI: 10.26717/BJSTR.2022.42.006782

Developing Nomogram and Evaluating Prognostic Factors of Limb Osteosarcoma Patients: A Retrospective Study

Chenxi Ouyang¹, Yang Liu¹, Zitong Li¹, Xinru Li¹, Long Han², Luming Nong², Nanwei Xu² and Gongming Gao^{2*}

¹Dalian Medical University, PR China

²Department of Orthopaedics, The Affiliated Changzhou No. 2 People's Hospital of Nanjing Medical University, PR China

*Corresponding author: Gongming Gao, Department of Orthopaedics, The Affiliated Changzhou No. 2 People's Hospital of Nanjing Medical University, 29 Xinglong Lane, Changzhou, PR China

ARTICLE INFO

Received: 🕮 January 17, 2022

Published: 🕮 March 16, 2022

Citation: Chenxi Ouyang, Yang Liu, Zitong Li, Xinru Li, Gongming Gao, et al. Developing Nomogram and Evaluating Prognostic Factors of Limb Osteosarcoma Patients: A Retrospective Study. Biomed J Sci & Tech Res 42(4)-2022. BJSTR. MS.ID.006782.

Keywords: Osteosarcoma; Nomogram; SEER Study; Cox Multivariate Analysis

Abbreviations: AJCC: American Joint Committee on Cancer (AJCC); CSS: Cancer-Specific Survival; OS: Overall Survival; SEER: The Surveillance, Epidemiology, and End Results; TNM: Tumor, Node, Metastasis (TNM) Staging System; EOD: The Extent of Disease

ABSTRACT

Background: Osteosarcoma is the most common malignant bone tumors, which usually occurs in the long bones of the limbs. The prognosis of osteosarcoma in different parts is also quite different, so it is meaningful to study the prognosis of limb osteosarcoma separately.

Objectives: The purpose of the research was to construct a nomogram to predict the Individualized prognosis of limb osteosarcoma patients.

Methods: In this study, we screened 1383 patients diagnosed with primary limb osteosarcoma from 2004 to 2015 in the Surveillance, Epidemiology, and End Results (SEER) database. We determined the independently prognostic factors that affect the survival of patients by univariate and multivariate Cox proportional hazards model. Based on the independent prognostic factors, we constructed a nomogram to predict the cancer-specific survival (CSS) and overall survival (OS) rates of limb osteosarcoma patients at 3, 5, and 10 years. The validation of this nomogram was completed by evaluating the calibration curve and the C-index.

Results: We screened a total of 1383 patients and divided them into two cohort. Training cohort had 968 samples and validation cohort had 415 samples. The multivariate Cox proportional hazards model of the training group showed an association of age, grade, surgery, M stage, tumor size, and extent of disease with CSS and OS rates. Based on these results, we constructed the corresponding nomogram. The calibration curve and C-index showed the satisfactory ability of the nomogram in terms of predictive ability.

Conclusion: Nomogram can be an effective prognostic tool to assess the prognosis of patients with limb osteosarcoma and can help clinicians in medical decision-making and enable patients to receive more accurate and reasonable treatment.

Introduction

Osteosarcoma is a primary bone malignant tumor which is most common in children and adolescents, followed by the elderly [1]. Osteosarcoma is the most common types of primary malignant bone tumors, although malignant bone tumors have a lower incidence compared with other types of tumors [2]. The most common primary site of osteosarcoma is the metaphysis of long bones, especially the proximal tibia and distal femur, followed by the proximal humerus. It rarely appears in other parts of the body. Most patients with osteosarcoma initially show a single lesion that is highly occult, therefore it is easy to be confused with trauma or growth-pain [3]. Until the 1940s when the first resection for osteosarcoma was performed and chemotherapy was used, amputation was the main treatment intervention, which had a positive impact on the patient's prognosis [4]. With the development of radiotherapy and chemotherapy, the survival time of osteosarcoma patients has been prolonged. Afterwards, limb salvage surgery for osteosarcoma combined with radiotherapy and chemotherapy significantly made patients have a good prognosis. However, although many patients have received surgery combined with radiotherapy and chemotherapy, they still have recurrence and metastasis. Therefore, it is very important to understand the influencing factors of the development, prognosis, and occurrence of osteosarcoma.

Although the survival rate of patients with osteosarcoma has improved in recent years, it is still very important to accurately predict the survival of patients and determine independent risk factors. Nomogram is a useful tool to solve the above problems. A nomogram is an effective prognostic tool. Hopefully, a nomogram can visually and effectively display the results of statistical analysis through images. The predictive ability and accuracy of nomogram have been widely proven in different types of cancer research. Many studies have proved that the survival time of patients with osteosarcoma of extremities is completely different from that of patients with osteosarcoma of axial bone [5,6]. To our knowledge, No researchers have found an accurate nomogram to predict the survival time of patients with limb osteosarcoma The Surveillance, Epidemiology, and End Results (SEER) database was established in 1973 and collected data from 18 cancer registries. This database covers 28% of the US population. By using this database, We collected a nationwide population-based cohort to answer the following questions:

- (1) Which clinical characteristics can independently affect the survival of patients with limb osteosarcoma?
- (2) Can we construct the corresponding nomogram to accurately predict the 3-year, 5-year and 10-year OS and CSS of individual limb osteosarcoma patients?

Previous studies have shown that recurrence, tumor size, metastasis and response to chemotherapy are the main prognostic factors of osteosarcoma, but these factors are only used as a single indicator for evaluating prognosis, thereby limiting their ability to accurately predict individualized survival in patients with osteosarcoma [7-9]. Considering the limitations of a single factor, we tried to develop a new prognostic model. In this study, we established a nomogram, which is an effective prognostic tool that can integrate all the prognostic factors of patients and more accurately estimate the prognosis of each patient. A nomogram is a visual expression of Cox multivariate analysis, which can be used to estimate the survival probability of a patient [10]. Because osteosarcoma has the highest incidence of all malignant bone tumors, and the most common site of incidence is the limbs. Therefore, the purpose of this study was to identify the independent prognostic factors that affect the survival of patients with osteosarcoma of the extremities and to predict the prognosis with the predictive ability of nomograms. The SEER database was widely used in clinical research of various cancers including osteosarcoma. We used the SEER database to collect sufficient clinical data for the research. The SEER database contains data on various cancers. More importantly, the database has relatively complete and updated follow-up information. We collected the clinical characteristics of patients with osteosarcoma of the limbs from the SEER database from 2004 to 2015 and analyzed the data to construct an accurate nomogram to predict the prognosis of osteosarcoma.

Methods

Data Selection

The SEER database was created by the National Cancer Institute, USA and includes 18 cancer registries, covering approximately 28% of the US population. After the approval of our registered account, we could use the patient data in the SEER database for research. This study complied with all guidelines of the "Declaration of Helsinki" on ethical considerations in human trials. The data published in the SEER database does not require any patient informed consent. We collected patient age, gender, race, diagnosis year, Tumor, Node, Metastasis (TNM) stage, grade, tumor size, treatment intervention (surgery, radiotherapy, chemotherapy), the extent of disease(EOD), survival time, cause of death, and other clinical characteristics. The inclusion criteria of this study were:

- (1) The primary site is limited to limbs,
- (2) Diagnosed between 2004 to 2015,
- (3) The primary malignant tumor is osteosarcoma,
- (4) Complete follow-up,
- (5) Known survival months and death reasons after diagnosis. The exclusion criteria were:
- (1) Unknown race,
- (2) Use of unknown surgery, radiotherapy, and chemotherapy,
- (3) Unknown AJCC/TNM staging, Tx(Primary tumor cannot be

assessed), Nx(Regional lymph nodes cannot be assessed), Mx(Distal metastasis cannot be assessed),

(4) Unknown tumor grade, size, and EOD.

Age was divided into 3 groups: 1-39, 40-59, >59 years. The races were categorized as black, white, or other (Alaska Native / American Indian, Asian/Pacific Islander). The diagnosis durations of the screened patients were divided into two groups: 2004-2009 and 2010-2015. Tumors were graded into two types; low grade (grade I, grade I) and high grade (grade \mathbb{I} , grade \mathbb{N}). Responses on surgery, radiotherapy, and chemotherapy were divided into yes or no. Otherwise, tumor sizes were categorized into 3 groups: 1-50 mm, 51-99 mm, and >99 mm. AJCC osteosarcoma staging system has divided the extent of disease (EOD) into three types [9]: Localized (tumor confined to the periosteum), regional (tumor extended beyond the periosteum without distant metastasis), and distant (having the metastatic disease at presentation). In this study, 59 patients had distant metastasis. The number of these patients was small. So these patients were included in the regional group. Finally, the extent of tumor disease was divided into two groups: localized and regional/distant.

Statistical Analysis

According to the above inclusion and exclusion criteria, we collected 1383 samples of limb osteosarcoma and randomly divided them into two cohort in the ratio of 7:3 to construct and

verify the nomogram (Figure 1). Training cohort had 968 samples and validation cohort had 415 samples. The chi-square test was employed to compare the clinicopathological characteristics of patients between the training group and the verification group. A univariate Cox analysis was employed in the training cohort to determine different prognostic factors (e.g., age, race, sex, tumor size, year of diagnosis, grade, AJCC/TNM stage, surgery, radiotherapy, chemotherapy, EOD) included in the current study. Then the possible prognostic factors in univariate analysis were included in the multivariate Cox analysis (p<0.05) to determine independent prognostic factors (p<0.05). We also examined the hazard ratio of each variable and used the independent prognostic factors selected in the multivariate Cox analysis to construct a nomogram showing 3-, 5-, and 10-year OS and CSS. OS indicates the time from the date of diagnosis to death due to any cause. CSS is defined as the time from the diagnosis of the tumor to the death of the tumor. We evaluated the predictive ability of the nomogram through the calibration curve and the consistency index (C-index). The C-index ranges from 0.5 to 1.0 (0.5 means complete disagreement; 1.0 means complete agreement, c-index >0.7 means that the model has good accuracy).

We established a calibration curve to determine the consistency of the predicted survival period with the actual survival period. The above statistical analyses were performed by using statistical software SPSS, version 25.0 (IBM Inc, USA) and R software (version 4.0.2) (Figure 1).



Results

Clinical Data of the Studied Cases

The clinicopathological characteristics of included patients are shown in (Table 1). Among the 1383 patients with limb osteosarcoma, 1126 (81.4%) were younger than 40 years old, 159 (11.5%) were 40-59 years old, and 98 (7.1%) patients were older than 59 years. Tumors tend to occur more in young people. In terms of sex, 772 (55.8%) were male and 611 (44.2%) were female. In terms of race, Whites showed a higher proportion of patients (74.8%). Osteosarcoma usually had a higher tumor grade. There are 152 cases (11.0%) of low-grade (grade I, grade II) osteosarcoma, and 1231 cases (89.0%) of high-grade (grade II,

grade **IV**) osteosarcoma, and they tended to occur in the lower limbs (1162, 84.0%). Since the number of cases of distant lesions was small (59), we clubbed distant lesions and regional lesions into one group, including localized lesions (466) cases (33.7%), regional lesions/distant lesions (917) cases (66.3%). Most of the patients received surgery (n=1316, 95.2%) and chemotherapy (n=1193, 86.3%), and fewer patients received radiotherapy (n=53, 3.7%). At the last follow-up, 448 (32.4%) patients died, out of them 389 cases (28.1%) died of osteosarcoma. There were no significant statistic difference observed between the training group and the validation group in terms of patient's race, sex, age, primary site, tumor size, year of diagnosis, EOD, surgery, grade, AJCC/TNM stage, radiotherapy and chemotherapy.

Table 1: Clinical and pathological features of the study population.

Characteristic	Training cohort n= No. (%)	Validation cohort n= No. (%)	Total n= No. (%)	р		
Age						
<40	791(81.7%)	335(80.7%)	1126(81.4%)			
40-59	112(11.6%)	47(11.3%)	159(11.5%)	0.713		
>59	65(6.7%)	33(8.0%)	98(7.1%)			
		Race				
Black	154(15.9%)	67(16.1%)	221(16.0%)			
Other	84(8.7%)	43(10.4%)	127(9.2%)	0.592		
White	730(75.4%)	305(73.5%)	1035(74.8%)			
		Sex				
Female	425(43.9%)	186(44.8%)	611(44.2%)	0.754		
Male	543(56.1%)	229(55.2%)	772(55.8%)	0.754		
		Year of diagnosis				
2004-2009	460(47.5%)	192(46.3%)	652(47.1%)	0.669		
2010-2015	508(52.5%)	223(53.7%)	731(52.9%)	0.000		
	Primary site					
upper limb	138(14.3%)	83(20.0%)	221(16.0%)	0.000		
lower limb	830(85.7%)	332(80.0%)	1162(84.0%)	0.008		
		Grade				
Ι/Π	100(10.3%)	52(12.5%)	152(11.0%)	0.221		
III/IV	868(89.7%)	363(87.5%)	1231(89.0%)	0.231		
		Т				
T1	367 (37.9%)	148 (35.7%)	515(37.2%)			
Τ2	571 (59.0%)	255 (61.4%)	826(59.7%)	0.694		
Т3	30 (3.1%)	12 (2.9%)	42(3.1%)			
	Ν					
N0	950(98.1%)	406(97.8%)	1356(98.0%)	0.702		
N+	18(1.9%)	9(2.2%)	27(2.0%)	0.705		
		М				
M0	808(83.5%)	351(84.6%)	1159(83.8%)	0.600		
M1	160(16.5%)	64(15.4%)	224(16.2%)	0.009		

		Surgery				
Yes	919(94.9%)	397(95.7%)	1316(95.2%)			
No	49(5.1%)	18(4.3%)	67(4.8%)	0.565		
Radiation						
Done	38(3.9%)	14(3.4%)	52(3.7%)	0 (21		
None	930(96.1%)	401(96.6%)	1331(96.3%)	0.621		
		Chemotherapy				
Yes	841(86.9%)	352(84.8%)	1193(86.3%)	0.200		
No	127(13.1)	63(15.2%)	190(13.7%)	0.308		
		Tumor size(mm)				
1-50	120(12.4%)	49(11.8%)	169(12.2%)			
51-99	409(42.3%)	167(40.2%)	566(41.6%)	0.674		
>99	439(45.3%)	199(48.0%)	638(46.2%)			
	Extension					
Localized	323(33.4%)	143(34.5%)	466(33.7%)	0.604		
Regional/Distant	645(66.6%)	272(65.5%)	917(66.3%)	0.094		

Prognostic Factors Affecting OS and CSS

The prognostic factors affecting the OS and CSS in the patient data were screened through univariate Cox analysis and multivariate Cox analysis. We observed that nine factors including age, grade, surgery, T stage, N stage, M stage, radiotherapy, tumor size, and EOD were significantly related to OS and CSS (p<0.05). There was no statistically significant correlation observed between

gender, race, chemotherapy, primary site, and year of diagnosis. Furthermore, these nine factors were selected for multivariate Cox analysis to control different confounders. The results of multivariate Cox analysis showed that six factors including age, grade, surgery, tumor size, M stage and EOD were independent prognostic factors for OS (Table 2) and CSS (p<0.05)(Table 3). We also used these factors to create a survival curve between OS (Figure 2) and CSS (Figure 3).



Figure 2: Kaplan-Meier (K-M) analysis for OS of patients with limb osteosarcoma about A. Age, B. EOD, C. Grade, D. AJCC_M, E. Size, F. Surgery.



Figure 2: Kaplan-Meier (K-M) analysis for CSS of patients with limb osteosarcoma about A. Age, B. EOD, C. Grade, D. AJCC_M, E. Size, F. Surgery

Table 2: Univariate and Multivariate Analyses of overall survival in the Training col	10rt.
---	-------

Characteristics	HR (95%CI)	Р	HR (95%CI)	Р
Age				
1-39	Reference		Reference	
40-59	1.895(1.368-2.591)	<0.001	2.643(1.906-3.666)	<0.001
>59	4.777(3.461-6.594)	<0.001	4.522(3.156-6.478)	<0.001
Race				
Black	Reference			
Other	1.013(0.649-1.581)	0.953		
White	0.864(0.643-1.160)	0.330		
Sex				
Female	Reference			
Male	1.126(0.968-1.528)	0.092		
Year of diagnosis				
2004-2009	Reference			
2010-2015	1.107(0.874-1.404)	0.398		
Primary site				
upper limb	Reference			
lower limb	0.840(0.618-1.143)	0.268		
Grade				
Ι/Π	Reference		Reference	
III/IV	2.897(1.662-5.048)	<0.001	2.409(1.368-4.242)	0.002
Т				
T1	Reference		Reference	

T2	1.358(1.064-1.733)	0.014	0.640(0.431-0.949)	0.026
T3	3.944(2.482-6.268)	< 0.001	1.264(0.719-2.224)	0.415
Ν				
NO	Reference		Reference	
N+	4.786(2.795-8.196)	< 0.001	1.364(0.699-2.660)	0.363
М				
M0	Reference		Reference	
M1	3.588(2.824-4.560)	< 0.001	3.009(2.291-3.953)	<0.001
Surgery				
Yes	Reference		Reference	
No	5.517(3.650-7.287)	< 0.001	3.080(2.070-4.583)	<0.001
Radiation				
None	Reference		Reference	
Done	2.738(1.805-4.155)	< 0.001	0.888(0.514-1.534)	0.670
Chemotherapy				
Yes	Reference			
No	1.042(0.745-1.457)	0.811		
Tumor size(mm)				
<50	Reference		Reference	
50-99	1.621(1.037-2.536)	0.034	1.631(1.024-2.599)	0.039
>99	2.457(1.589-3.799)	< 0.001	2.645(1.485-4.709)	0.001
Extension				
Localized	Reference		Reference	
Regional/Distant	2.006(1.534-2.622)	< 0.001	1.500(1.132-1.989)	0.005

Table 3: Univariate and multivariate analyses of cancer-specific survival in the training cohort.

?	Univariat	e Analysis	Multivaria	te Analysis
Characteristics	HR (95%CI)	Р	HR (95%CI)	Р
Age	2	?	2	2
1-39	Reference	?	Reference	2
40-59	1.980(1.432-2.738)	<0.001	2.926(2.076-4.124)	<0.001
>59	4.908(3.339-7.215)	<0.001	4.085(2.618-6.375)	<0.001
Race	2	?	2	2
Black	Reference	?	2	2
Other	0.979(0.604-1.588)	0.932	2	2
White	0.884(0.645-1.211)	0.442	2	2
Sex	2	?	2	2
Female	Reference	?	2	?
Male	1.241(0.974-1.582)	0.081	2	2
Year of diagnosis	2	2	2	2
2004-2009	Reference	?	2	2
2010-2015	1.093(0.851-1.404)	0.487	2	2
Primary site	2	?	2	2
upper limb	Reference	[]	2	2
lower limb	0.823(0.592-1.143)	0.244	2	2
Grade	?	2	2	2

2/2	Reference	2	Reference	2
2/2	2.749(1.566-4.984)	0.001	2.170(1.200-3.924)	0.01
Т	?	?	2	2
T1	Reference	?	Reference	2
Τ2	1.396(1.074-1.815)	0.013	0.567(0.374-0.862)	0.008
Т3	4.383(2.660-7.222)	<0.001	1.276(0.692-2.353)	0.434
Ν	?	?	?	?
NO	Reference	?	Reference	?
N+	5.066(2.898-8.858)	<0.001	1.310(0.647-2.651)	0.454
М	?	?	2	2
M0	Reference	?	Reference	2
M1	4.010(3.122-5.152)	<0.001	3.387(2.542-4.513)	<0.001
Surgery	?	?	2	?
Yes	Reference	?	Reference	?
No	5.094(3.517-7.378)	<0.001	2.839(1.838-4.384)	<0.001
Radiation	?	?	2	?
None	Reference	?	Reference	?
Done	3.254(2.139-4.949)	<0.001	1.075(0.607-1.906)	0.804
Chemotherapy	?	?	2	?
Yes	Reference	2	2	2
No	0.851(0.576-1.259)	0.420	2	?
Tumor size(mm)	2	2	2	2
<50	Reference	?	Reference	?
50-99	2.144(1.248-3.684)	0.006	2.154(1.232-3.765)	0.007
>99	3.196(1.880-5.434)	<0.001	3.632(1.870-7.054)	<0.001
Extension	2	?	2	?
Localized	Reference	[]	Reference	2
Regional/Distant	2.168(1.619-2.904)	<0.001	1.602(1.178-2.179)	0.003

Construction and Validation Of OS And CSS Nomogram

Based on the results of the Cox analysis, we included six important independent factors: age, grade, surgery, M stage, tumor size, and EOD into the prognostic nomogram in order to estimate 3-, 5-, and 10-year OS and CSS in patients with limb osteosarcoma (Figure 4). The nomogram gives score of every prognostic variable on the point scale (Table 4). The following steps are involved in development of the nomogram: 1. Based on individual limb osteosarcoma patient's prognostic factors, scores related to each

prognostic factor can be obtained, 2. Add all the points to get the "total point", 3. Draw a vertical line from the "total point" column to the survival probability column to get the corresponding survival rate. (Figure 4). As an example, a patient diagnosed with primary limb osteosarcoma was aged 38 at the time of diagnosis with a high grade, tumor size of 80 mm M stage was M0. This patient was presented with regional disease and underwent surgery. According to our nomogram, the patient's OS and CSS scores were 9.3 and 9.2 points, respectively.

۸							40-10			
A	Age	1-39								
	Grade	Low								
	Surgery						N			
	ALCO_M						MI			
		MO	31 40m							
		1.00998	The local division of	-igener						
	EOD	Localized		-						
	Tetal Points			-	÷.	30	28	30	15	
	3 year savvesi									
	5-year survival									
	Thursday in second	3.46	23 6.85 6	8 076 07 - 24	.45					
			ia san sa si	78 87 88 A						
	Ports		а алгайа 	mar es a		4	1 7	*		
В	Posts. Apr	8 5-28	(* am ak a)	75 AT 66 A		. 1	4			-19
В	Points Age Gaste	0 5-00 1,00	(* am ak a)	7 47 48 4		- 5 	4 7 600			
В	Points Age Gaste AJCC, M	0 1-10 100	9 and an	3		- 4 	* #39			
В	Points Age Grade AJCC_M Surgery	0 5-00 100	(a ain air a'	3		1	4 69			1
В	Points Age Gaste AJCC_M Burgery Skre	0 1-10 100 100 100	(a ain air a'	75 ar an a 3 560		.1	* 8/8	9 		
В	Points Age Gade AJGC_M Burgery Size	0 1-00 100 100 100 100 100 100 100 100 1		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		- 4 	* 2	9 		
В	Points Age Gade AJCC_M Surgery Surg ECO	0 1-00 1-00 1-00 1-00 1-00 1-00 1-00 1-		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		t nyn	* 2			
В	Ponts Age Gade AGC_M Bargery Silv ECO Total Ponts	0 1-09 1-09 1-00m 1-00m 1-00m	6 ain air ai 	75 87 88 8 3 54 9 54 9 54 9 54 9	· · · · · · · · · · · · · · · · · · ·	4 Taga Bern	* ?			
В	Pontsi Age Grade AGC_M Bargery Skiw EGO Total Pontsi Biger survest	0 1-09 1-09 1-00m 1-00m 1-00m 1-00m	6 and 26 at	10 07 0.0 0 3 540 540 540 540 540 540 540 540 540 540	4 	4 1999 Bern 20 14 55	+ / 60			10
В	Pontsi Age Gashi AGC_M Dargery Skiw EGO Tatal Pontsi Signar survest Lignar survest Lignar survest	0 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	10 07 0.0 0 3 540 540 10 10 10 10 10 10 10 10 10 10 10 10 10	4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	4 	4 / 60	4 50		

Figure 4: Nomograms to predict 3-,5- and 10-year overall survival (A) and cancer-specific survival (B) for osteosarcoma patients.

Table 4: Detailed points	s of each predictor	in the nomograms.
--------------------------	---------------------	-------------------

Characteristic	OS nomogram	CSS nomogram
Age		
1-39	0	0
40-59	5	5
>59	10	10
Grade		
Low	0	0
High	5.2	4.5
Surgery		
Yes	0	0
No	6.8	6.8
AJCC_M		
M0	0	0
M1	6.6	7.3
Size		
1-50mm	0	0
51-99mm	1.5	1.7
>99mm	3	3.5
EOD		
Localized	0	0
Regional/Distant	2.6	3

The 3-year OS and CSS scores of the patient were 0.86 and 0.89, respectively. The 5-year OS and CSS rates were 0.79 and 0.84, respectively. The 10-year OS and CSS rates were 0.74 and 0.81, respectively. The nomogram was verified both internally and externally. For OS, the C-indexes of the training group is 0.744(95%CI: 0.714-0.774) and the C-indexes of the validation

group is 0.736(95%CI: 0.694-0.778). For CSS, the C-index of the training group and the validation group were 0.746(95%CI: 0.715-0.777) and 0.737(95%CI: 0.692-0.782), respectively. The internal and external calibration curves of 3-, 5-, and 10-year OS and CSS showed strong consistency of the predicted results of the nomogram with the actual results (Figures 5 & 6).



Note: The cohort was divided into five subgroups with the equal sample size. The dashed line represents an excellent match between actual survival outcome (Y-axis) and nomogram prediction (X-axis). Closer distances between dashed line and points indicated higher prediction accuracy

Figure 5: Internal calibration plots of 3-year

- A. 5-year
- B. and 10-year
- C. overall survival nomogram calibration curves; 3-year
- D. 5-year
- E. and 10-year
- F. cancer-specific survival nomogram calibration curves.



Note: The cohort was divided into five subgroups with the equal sample size. The dashed line represents an excellent match between actual survival outcome (Y-axis) and nomogram prediction (X-axis). Closer distances between dashed line and points indicated higher prediction accuracy.

Figure 5: External calibration plots of 3-year

- A. 5-year
- B. and 10-year
- C. overall survival nomogram calibration curves; 3-year
- D. 5-year
- E. and 10-year
- F. cancer-specific survival nomogram calibration curves.

Discussion

The survival of limb osteosarcoma patient is determined by many factors. Several researchers have conducted studies on the prognostic factors of osteosarcoma, including primary tumor size, chemotherapeutic efficacy, recurrence, and metastasis [6,7,11]. However, it is inappropriate to evaluate the prognosis of osteosarcoma patients using a single variable. A nomogram can intuitively and effectively evaluate prognosis based on a multivariate regression model [12]. It can provide a graphical calculation scale method for estimating the probability of overall patient survival [10]. Nomogram has been widely used in the survival prediction of individual patients in recent years [13-21], and can comprehensively incorporate independent prognostic factors and predict the survival rate of 3-, 5-, and 10- years. Osteosarcoma is the most common type of primary malignant bone tumor [19,20]. Osteosarcoma usually occurs in the limb extremities [21]. However, to our knowledge, so far researchers have not constructed any nomogram for the prognosis of extremity osteosarcomas. Several studies have established that the survival prognosis of patients with limb osteosarcoma is completely different from that of patients with primary osteosarcoma of the axial bone [5,6]. By using ample data in the SEER database, we constructed a comprehensive nomogram to predict the 3-, 5-, 10-year OS and CSS of patients with limb osteosarcoma.

We determined the independent prognostic factors of the OS and CSS of extremity osteosarcoma patients based on the screening data in the current study, through univariate and multivariate Cox analysis. These factors include M stage, grade, surgery, age, tumor size, and EOD. Previous studies have shown that age has great effect on the prognosis of osteosarcoma patients. [21-23]. One study has reported a bad prognosis in patients with osteosarcoma over the age of 40 years [24]. Our study also highlighted that that age is the most significant factor affecting the survival of patients with limb osteosarcoma. High-grade (poorly differentiated or undifferentiated) tumors are more likely to recur and metastasize than low-grade (well-differentiated or moderately differentiated) tumors [25]. Also, a larger tumor indicates a poor prognosis for osteosarcoma patients [26-28]. One study has reported that patients with larger tumor size are more likely to have metastases [29]. Surgery can also remarkably affect the prognosis of patients. One study showed a positive impact of surgery on prognosis and survival of patients with osteosarcoma [30]. These findings were validated in our study also showed that patients with low-grade tumors or smaller primary tumors or surgical treatment have a better prognosis. In the AJCC/TNM stage, M stands for distant metastasis. Our study showed a bad prognosis in limb osteosarcoma patients with distant metastasis. In terms of EOD, the metastatic disease has long been considered as an independent risk factor for higher mortality [7,31,32]. Our research indicates that the prognosis of patients with tumors in regional stage and distant metastasis stage is worse than that of patients with tumors in the local stage.

Limitations

There are some limitations to this study. First, patients diagnosed only after 2004 had information on AJCC/TNM stage in the database, so we excluded cases diagnosed before 2004 from the study. Second, there may be some important independent prognostic factors such as chemotherapy regimens, the status of tumor margins, and whether there is nerve/vascular invasion that might not have been identified by researchers or recorded in the SEER database [33-35]. These factors may be related with the prognosis of limb osteosarcoma patients, but were not included in this study. We only considered 3-, 5-, and 10-year survival as the study endpoint. However, maybe recurrence at a certain time point can be assessed as an outcome [36]

Conclusion

Taken together, based on the large database, we analyzed the factors affecting limb osteosarcoma. Also, we determined that tumor size, age, M stage, grade, surgery and EOD are the independent prognostic factors of OS and CSS in patients with limb osteosarcoma. We also developed and validated the nomogram to evaluate the OS and CSS of limb osteosarcoma patients at 3-, 5- and 10- years. Nomogram has high accuracy and applicability. Hopefully, our nomogram could be used as a convenient and effective tool. It can help doctors conduct personalized survival assessments and screen outpatients with high mortality rates, to provide a reference for subsequent treatment options and follow-up strategies.

Author Contributions

Conceptualization: Chenxi Ouyang, Gongming Gao; Data curation: Chenxi Ouyang, Yang Liu; Investigation: Chenxi Ouyang, Yang Liu; Methodology: Chenxi Ouyang, Yang Liu, Zitong Li; Software: Chenxi Ouyang, Xinru Li. Supervision: Long Han, Gongming Gao; Validation: Luming Nong, Nanwei Xu; Writing—original draft: Chenxi Ouyang; Writing—review and editing: Gongming Gao.

Funding

This work was supported by Changzhou International Science and Technology Cooperation Project (CZ20200037)

Declarations

Competing Interests

The authors declare that they have no competing interests.

References

- 1. Mirabello L, Troisi RJ, Savage SA (2009) Osteosarcoma incidence and survival rates from 1973 to 2004. Cancer 115(7): 1531-1543.
- Kelleher FC, Cain JE, Healy JM, Watkins DN, Thomas DM, et al. (2012) Prevailing importance of the hedgehog signaling pathway and the potential for treatment advancement in sarcoma. Pharmacol Ther 136(2): 153-168.
- Ene R, Sinescu RD, Ene P, Popescu D, C[^] irstoiu MM, et al. (2015) Proximal tibial osteosarcoma in young patients: Early diagnosis, modular reconstruction. Rom J Morphol Embryol 56(2): 413-417.
- Jaffe N (2014) Historical perspective on the introduction and use of chemotherapy for the treatment of osteosarcoma. In Current Advances in Osteosarcoma, p. 1-30.
- Seker MM, Seker A, Aksoy S, Ozdemir N, Uncu D, et al. (2014) Clinicopathologic features and prognosis of osteosarcoma in Turkish adults. Asian Pac J Cancer Prev 15(8): 3537-3540.
- 6. Wang ZX, Qiu MZ, Jiang YM, Zhou ZW , Li GX, et al. Comparison of prognostic nomograms based on different nodal staging systems in patients with resected gastric cancer. J Cancer 8(6): 950-958.
- Joly Y, Dove ES, Knoppers BM, Bobrow M, Chalmers D, et al. (2012) Data sharing in the post-genomic world: The experience of the International Cancer Genome Consortium (ICGC) Data Access Compliance Office (DACO). PLoS Comput Biol 8(7): e1002549.
- Berner K, Hall KS, Monge OR, WeedonFekjær H, Zaikova O, et al. (2015) Prognostic factors and treatment results of high-grade osteosarcoma in Norway: A scope beyond the "classical" patient. Sarcoma 2015: 516843-14.
- Clark JC, Dass CR, Choong PF (2008) A review of clinical and molecular prognostic factors in osteosarcoma. J Cancer Res Clin Oncol 134(3): 281-297.
- Zhou H, Zhang Y, Qiu Z, Gang Chen, Shaodong Hong, et al. (2018) Nomogram to predict cause-specific mortality in patients with surgically resected stage I non-small-cell lung cancer: A competing risk analysis. Clin Lung Cancer 19(2): e195-e203.

- 11. Wang W, Yang J, Wang Y, Dianjun Wang, Gang Han, et al. (2017) Survival and prognostic factors in Chinese patients with osteosarcoma: 13-year experience in 365 patients treated at a single institution. Pathol Res Pract 213(2): 119-125.
- 12. Dong F, Shen Y, Gao F, Xiao Shi, Tianyuan Xu, et al. (2018) Nomograms to predict individual prognosis of patients with primary small cell carcinoma of the bladder. J Cancer 9(7): 1152-1164.
- 13. JM Albert, DD Liu, Y Shen, I Wen Pan, Ya Chen Tina Shih, et al. (2012) Nomogram to predict the benefit of radiation for older patients with breast cancer treated with conservative surgery. J Clin Oncol 30(23): 2837-2843.
- 14. FJ Bianco Jr (2006) Nomograms and medicine. Eur Urol 50(5): 884-886.
- 15. W Liang, L Zhang, G Jiang, Qun Wang, Lunxu Liu, et al. (2015) Development and validation of a nomogram for predicting survival in patients with resected non-small-cell lung cancer. J ClinOncol 33(8): 861-869.
- 16. SF Shariat, PI Karakiewicz, N Suardi, MW Kattan (2008) Comparison of nomograms with other methods for predicting outcomes in prostate cancer: A critical analysis of the literature. Clin Cancer Res 14(14): 4400-4407.
- 17. V Valentini, RG van Stiphout, G Lammering, Maria Antonietta Gambacorta, Maria Cristina Barba, et al. (2011) Nomograms for predicting local recurrence, distant metastases, and overall survival for patients with locally advanced rectal cancer on the basis of European randomized clinical trials. J Clin Oncol 29(23): 3163-3172.
- 18. K Ogura, T Fujiwara, H Yasunaga, Hiroki Matsui, Dae Geun Jeon, et al. Development and external validation of nomograms predicting distant metastases and overall survival after neoadjuvant chemotherapy and surgery for patients with nonmetastatic osteosarcoma: A multiinstitutional study. Cancer 121(21): 3844-3852.
- MU Jawad, MC Cheung, J Clarke, LG Koniaris, SP Scully, et al. (2011) Osteosarcoma: Improvement in survival limited to high-grade patients only. J Cancer Res Clin Oncol 137(4): 597-607.
- Mirabello L, Troisi RJ, Savage SA (2009) Osteosarcoma incidence and survival rates from 1973 to 2004. Cancer 115(7): 1531-1543.
- Mirabello L, Troisi RJ, Savage SA (2009) International osteosarcoma incidence patterns in children and adolescents, middle ages and elderly persons. Int J Cancer 125(1): 229-234.
- 22. Nota SP, Braun Y, Schwab JH, Sjoerd P F T Nota, Yvonne Braun, et al. (2015) The identification of prognostic factors and survival statistics of conventional central chondrosarcoma. Sarcoma 2015: 623746.
- 23. Wray CJ, Phatak UR, Robinson EK, Rebecca L Wiatek, Alyssa G Rieber, et al. (2013) The effect of age on race-related breast cancer survival disparities. Ann Surg Oncol 20: 2541-2547.

- 24. Ek ET, Ojaimi J, Kitagawa Y, Choong PF (2006) Outcome of patients with osteosarcoma over 40 years of age: is angiogenesis a marker of survival? Int Semin Surg Oncol 3: 7.
- 25. Hung GY, Yen HJ, Yen CC, Po Kuei Wu, Cheng Fong Chen, et al. (2016) Improvement in high-grade osteosarcoma survival: Results from 202 patients treated at a single institution in Taiwan. Medicine (Baltimore) 95(15): e3420.
- 26. P Bieling, N Rehan, P Winkler, K Helmke, R Maas, et al. (1996) Tumor size and prognosis in aggressively treated osteosarcoma. J Clin Oncol 14 (3): 848-858.
- Jaffe N, Jaffe DM (1996) Tumor size and prognosis in aggressively treated osteosarcoma. J Clin Oncol 14(8):2399-2400. Sarcoma Clin Orthop Relat Res 472(6): 1911-1920.
- 28. NJ Lindner, O Ramm, A Hillmann, R Roedl, G Gosheger, (1999) Limb salvage and outcome of osteosarcoma. The University of Muenster experience. Clin Orthop Relat Res 358: 83-89.
- 29. SS Bielack, B Kempf Bielack, G Delling, G Ulrich Exner, Silke Flege (2002) Prognostic factors in high-grade osteosarcoma of the extremities or trunk: An analysis of 1702 patients treated on neoadjuvant cooperative osteosarcoma study group protocols. J Clin Oncol 20(3): 776-790.
- 30. Hong JT, Son DJ, Lee CK, Yoon DY, Lee DH, et al. (2017) Interleukin 32, inflammation and cancer. Pharmacol Ther 174: 127-137.
- 31. L Kager, A Zoubek, U Potschger, Ulrike Kastner, Silke Flege, et al. (2003) Primary metastatic osteosarcoma: presentation and outcome of patients treated on neoadjuvant cooperative osteosarcoma study group protocols. J Clin Oncol 21(10): 2011-2018.
- 32. V Mialou, T Philip, C Kalifa, David Perol, Jean Claude Gentet, et al. (2005) Metastatic osteosarcoma at diagnosis: prognostic factors and long-term outcome – the French pediatric experience. Cancer 104(5): 11000-1109.
- He JP, Hao Y, Wang XL, Xiao Jin Yang, Jing Fan Shao, et al. (2014) Review of the molecular pathogenesis of osteosarcoma. Asian Pac J Cancer Prev 15: 5967-5976.
- 34. Denduluri SK, Wang Z, Yan Z, Jing Wang, Qiang Wei, et al. (2015) Molecular pathogenesis and therapeutic strategies of human osteosarcoma. J Biomed Res 30: 30.
- 35. He H, Ni J, Huang J (2014) Molecular mechanisms of chemoresistance in osteosarcoma (Review). Oncol Lett 7: 1352-1362.
- 36. A Arshi, J Sharim, DY Par, Howard Y Park, Hamed Yazdanshenas, et al. (2017) Prognostic determinants and treatment outcomes analysis of osteosarcoma and Ewing sarcoma of the spine. Spine J 17(5): 645-655.

ISSN: 2574-1241

DOI: 10.26717/BJSTR.2022.42.006782

Gongming Gao. Biomed J Sci & Tech Res

This work is licensed under Creative *Commons* Attribution 4.0 License

Submission Link: https://biomedres.us/submit-manuscript.php



Assets of Publishing with us

- Global archiving of articles
- Immediate, unrestricted online access
- Rigorous Peer Review Process
- Authors Retain Copyrights
- Unique DOI for all articles

https://biomedres.us/