

# Accretion and Excrescence-Papilloma Lung

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## ABSTRACT

**Abbreviations:** HPV: Human Papilloma Virus; PCR: Polymerase Chain Reaction; PET: Positron Emission Tomography; TTF-1: Thyroid Transcription Factor-1

## Mini Review

Papilloma is a benign neoplasm emerging from epithelium layering the respiratory tract. Neoplasm incriminating the respiratory tract commonly arises within large bronchi and is frequently associated with tracheal or laryngeal lesions. Generally, papilloma manifests with distinct histologic subtypes as

- Squamous papilloma
- Glandular papilloma
- Mixed squamous and glandular papilloma.

Additionally designated as squamous cell papilloma or solitary tracheobronchial papilloma, multiple squamous papillomas may be scripted as papillomatosis. Papilloma confined to pulmonary parenchyma is frequently associated with epithelial metamorphosis as dysplasia, carcinoma in situ or invasive squamous cell carcinoma. Solitary endobronchial papilloma is exceptionally encountered in adults and configures below < 0.5% of pulmonary neoplasms. Commonly, squamous papilloma of lung incriminates middle aged subjects. A mild male predominance is observed. Individuals with history of tobacco consumption as cigarette smokers are preponderantly implicated [1,2]. Squamous papilloma of lung appears concurrent with lowrisk

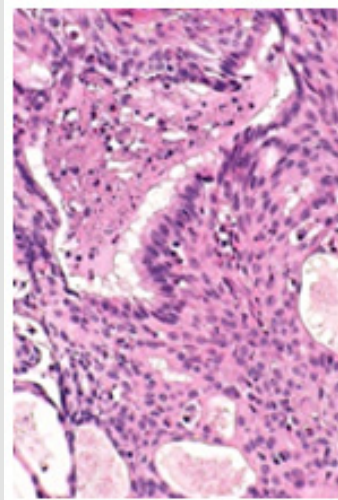
variants of human papilloma virus 6 and 11 [HPV 6 and HPV 11] Notwithstanding, high risk variants of human papilloma virus [HPV] are concordant with instances of pulmonary carcinoma [1,2].

Pre-eminently non-invasive, squamous papilloma may exhibit dysplasia, lesion reoccurrence or may progress into squamous cell carcinoma. Lesion is accompanied by nonspecific complaints arising from incrimination of lower respiratory tract as haemoptysis, repetitive bouts of pneumonia, asthma-like symptoms or dry cough. Exceptionally, lesion may incriminate lower bronchial tree and may manifest as an endobronchial, exophytic tumefaction [1,2]. Cytological smears appear moderately cellular and are comprised of singularly dispersed and dis-cohesive clusters of squamous epithelial cells. Constituent epithelial cells may depict intracytoplasmic keratinization and are pervaded with intensely stained, pyknotic nuclei demonstrating variable nuclear atypia. Besides, epithelial cells may appear reminiscent of koilocytes. Cellular component is admixed with an acute inflammatory cell exudate [3,4].

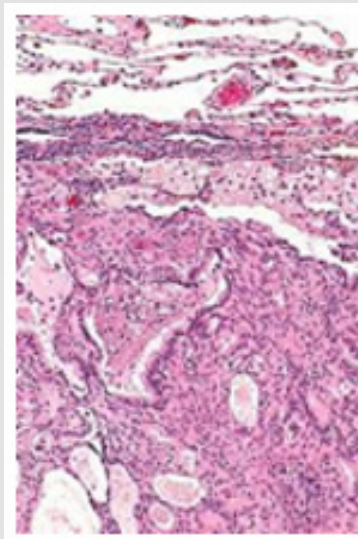
Grossly, a friable, pedunculated or polypoid, smooth to verrucoid, tan to grey/white, wart-like or cauliflower-like tumefaction with glistening surface is encountered. Tumour magnitude is beneath < few centimetres. Upon microscopy, an exophytic, papillary lesion is enun-

ciated. Papillae are layered with keratinizing or non-keratinizing, mature squamous epithelium and infiltrated by arborizing cores of fibro-vascular tissue. Exceptionally, papillary structures may exhibit an inverted configuration. The expansive lesion may infiltrate adjacent alveolar spaces [3,4]. Alternatively, the cellular lesion may be layered by ciliated or non-ciliated columnar epithelium along with cuboidal epithelial cells or mucin-filled cells, thereby configuring a 'mixed' squamous and glandular papilloma. Lesion may exemplify a viral

'cytopathic' effect with epithelial cells pervaded with enlarged, hyperchromatic nuclei demonstrating nuclear wrinkling. Besides, binucleate cells with cytoplasmic polychromasia and perinuclear haloes may be enunciated. Surrounding stroma delineates mild to moderate infiltrate of inflammatory cells which may engender airway obstruction. Mitotic figures and tumour necrosis are absent [3-7] (Figures 1 & 2; Tables 1 & 2).



**Figure 1:** Papilloma mixed squamous and glandular comprised of papillary structures lined by stratified squamous epithelium with polygonal cells intermingled with glandular articulations lined by columnar or cuboidal epithelial cells surrounded by a fibrotic, minimally inflamed stroma [6].



**Figure 2:** Papilloma mixed squamous and glandular constituted of papillary configurations lined by stratified squamous epithelium with polygonal cells commingled with glandular articulations lined by columnar to cuboidal epithelium encompassed by fibrotic, mildly inflamed stroma [7].

**Table 1:** Classification of Lung Tumours World Health Organization 2021 [2].

<b>Epithelial Tumours</b>	Lympho-epithelial carcinoma
Papilloma	Large cell carcinoma
Squamous cell papilloma NOS	Adenosquamous carcinoma
Squamous cell papilloma, inverted	Sarcomatoid carcinoma
Glandular papilloma	Pleomorphic carcinoma
Mixed squamous cell and glandular papilloma	Giant cell carcinoma
Adenoma	Spindle cell carcinoma
Sclerosing pneumocytoma	Pulmonary blastoma
Alveolar adenoma	Carcinosarcoma
Papillary adenoma	Other epithelial tumours
Bronchiolar adenoma/ciliated muconodular papillary tumour	NUT carcinoma
Mucinous cystadenoma	Thoracic SMARCA4-deficient undifferentiated tumour
Mucous gland adenoma	Salivary gland-type tumours
Precursor glandular lesions	Pleomorphic adenoma
Atypical adenomatous hyperplasia	Adenoid cystic carcinoma
Adenocarcinoma in situ	Epithelial-myoeithelial carcinoma
Adenocarcinoma in situ, non-mucinous	Mucoepidermoid carcinoma
Adenocarcinoma in situ, mucinous	Hyalinising clear cell carcinoma
Adenocarcinoma	Myoepithelioma
Minimally invasive adenocarcinoma	Myoepithelial carcinoma
Minimally invasive adenocarcinoma, non-mucinous	<b>Neuroendocrine tumours of lung</b>
Minimally invasive adenocarcinoma, mucinous	Precursor lesion
Invasive non-mucinous adenocarcinoma	Diffuse idiopathic neuroendocrine cell hyperplasia
Lepidic adenocarcinoma	Neuroendocrine tumours
Acinar adenocarcinoma	Carcinoid tumour NOS/ neuroendocrine tumour NOS
Papillary adenocarcinoma	Typical carcinoid/neuroendocrine tumour grade I
Micro-papillary adenocarcinoma	Atypical carcinoid/neuroendocrine tumour grade II
Solid adenocarcinoma	Neuroendocrine carcinomas
Invasive mucinous adenocarcinoma	Small cell carcinoma
Mixed invasive mucinous and non-mucinous adenocarcinoma	Combined small cell carcinoma
Colloid adenocarcinoma	Large cell neuroendocrine carcinoma
Foetal adenocarcinoma	Combined large cell neuroendocrine carcinoma
Adenocarcinoma, enteric type	<b>Tumours of ectopic tissue</b>
Adenocarcinoma NOS	Melanoma
Squamous precursor lesions	Meningioma
Squamous cell carcinoma in situ	<b>Mesenchymal tumours specific to the lung</b>
Mild squamous dysplasia	Pulmonary hamartoma
Moderate squamous dysplasia	Chondroma
Severe squamous dysplasia	Diffuse lymphangiomatosis
Squamous cell carcinoma	Pleuropulmonary blastoma
Squamous cell carcinoma NOS	Intimal sarcoma
Squamous cell carcinoma, keratinizing	Congenital peribronchial myofibroblastic tumour
Squamous cell carcinoma, nonkeratinizing	Pulmonary myxoid sarcoma with EWSR1-CREB1 fusion
Basaloid squamous cell carcinoma	PEComatous tumours
	Lymphangioliomyomatosis
	PEComa benign

PEComa malignant
<b>Haematolymphoid tumours</b>
MALT lymphoma
Diffuse large B cell lymphoma NOS
Lymphomatoid granulomatosis NOS
Lymphomatoid granulomatosis, grade I
Lymphomatoid granulomatosis, grade II
Lymphomatoid granulomatosis, grade III
Intravascular large B cell lymphoma
Langerhans cell histiocytosis
Erdheim-Chester disease

**Table 2:** Immunohistochemistry of nonsmall cell lung carcinoma [3].

Immune marker	Squamous cell carcinoma	Adenocarcinoma
p40	+	+/-
p63	+	+/-
CK5/6	+	-
CK7	-	+
Chromogranin A	-	-
Synaptophysin	-	-
TTF-1	-	+

Note: CK: cytokeratin, TTF-1: thyroid transcription factor-1

Papilloma lung appears immune reactive to squamous epithelial markers as p40 or CK5/6. Besides, lesion appears immune reactive to glandular markers as mucicarmine. Mixed squamous and glandular papilloma appears immune reactive to CK7. Lesion appears immune nonreactive to thyroid transcription factor-1 [TTF-1] and CK20. A subset of neoplasms appear reactive for human papilloma virus [HPV], as discerned by in situ hybridization [ISH] or polymerase chain reaction [PCR] [4,5]. Papilloma emerging within pulmonary parenchyma requires segregation from neoplasms such as inflammatory polyp, mucoepidermoid carcinoma or papillary squamous cell carcinoma [4,5].

Upon frozen section or examination of miniature tissue samples, papilloma lung may be challenging to discern or segregate from squamous epithelial carcinoma. Papilloma lung may be incidentally discovered upon cogent imaging studies. Alternatively, clinical symptoms concurrent with airway obstruction may ensue [4,5].

Plain radiographs may appear unremarkable or exhibit an infiltrative shadow or hilar tumefaction. Besides, lobar collapse may be discerned. Computerized tomography enunciates shadowing of the tumefaction. Upon positron emission tomography [PET] scan, tumour may depict avidity for 18F- fluorodeoxyglucose [18F-FDG] [4,5]. Papilloma arising within pulmonary parenchyma may be appropriately managed with endoscopic eradication of the lesion. Additionally, manoeuvres such as cryotherapy or fulguration may be adopted. Certain lesions may be optimally alleviated by surgical extermination of lesion [4,5].

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- Image 1 Courtesy: Wikimedia commons.
- Image 2 Courtesy: Libre Pathology.

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