

# Hematological and Biological Changes in Different Routes of Experimental *Trypanosoma Brucei* Infection in Albino Rats





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## Abstract

The present study was aimed at investigating the Hematological and biological changes in different routes of *Trypanosoma brucei* infection in Albino rat. Five groups of four Albino rats, each of which was challenged with approximately  $1.6 \times 10^6$  *Trypanosoma brucei*, except for the fifth group which served as uninfected control. The routes of inoculation were; Intravenous (IV), Intramuscular (IM), Subcutaneous (SC) and Intraperitoneal (IP). The rats were monitored for prepatency, parasitemia, changes in Packed Cell Volume (PCV), total leukocyte count, plasma protein, mortality and relapse during the 21 days course of infection. The result revealed that all the infected rats developed parasitemia, with mean pre-patent periods of  $3.00 \pm 0.000$ ,  $4.00 \pm 1.000$ ,  $7.50 \pm 1.500$  and  $9.00 \pm 1.732$  days respectively, for IV, IM, SC and IP routes. There was decreased PCV in all the infected groups compared with the uninfected control which was not significant ( $P < 0.05$ ) except for the IP group. Leukocytosis was most significant in the IP group compared to other groups. The mean total plasma protein increased from day zero through day 12 in all the routes of inoculation, but there was no significant difference between all the groups. The mean parasitemia increased progressively in IV route compared with other groups, but least in the IP route group. The mean survival time of the infected rats were  $15.25 \pm 2.016$ ,  $13.25 \pm 2.720$ ,  $12.25 \pm 0.250$  and  $12.75 \pm 1.250$  days for IV, IM, SC and IP route, respectively. In conclusion, different routes of inoculation of *Trypanosoma brucei* showed significant variation in pre-patency, parasitemia survival time but not in PCV and Total plasma protein.

**Keywords:** Hematology; *Trypanosoma brucei*; Parasitemia; Packed Cell Volume

**Abbreviations:** PCV: Packed Cell Volume; WHO: World Health Organization; CSF: Cerebrospinal Fluid; HCT: Haematocrit Centrifugation Technique; WMT: Wet Mount Technique; TBS: Thin Blood Smear; TPP: Total plasma Protein; EDTA: Ethylene Diamine Tetraacetate; WBC: White blood cell

## Introduction

Trypanosomosis is an infectious disease caused by pathogenic blood parasites known as trypanosomes (*Trypanosoma* spp) and transmitted through tsetse flies (*Glossina* spp). The disease is unique to Africa, affecting both human (human African trypanosomosis or sleeping sickness) and animals (animal African trypanosomosis or Nagana). It occurs in 37 sub-Saharan countries, covering more than 9 million square kilometres; an area that corresponds approximately to one third of Africa total land mass [1]. Trypanosomosis is recognized as one of the major factors limiting livestock production in Africa especially in the sub-Saharan region [2]. The effects of this disease are recognized by the World Health Organization (WHO) and several programs and campaigns have been formed to eradicate this disease [3]. Nevertheless, this disease remains one of

the most regulated tropical diseases and steps should be taken to prevent transmission of the disease and treat infected individuals with better treatment options [4]. Trypanosomes are unicellular protozoans of the family Trypanosomatidae that are transmitted by their only vector, the tsetse fly. The tsetse fly is of the genus *Glossina* and many different species of this fly exists which can transmit the trypanosomes [5]. The fly is unique in that it is viviparous (gives live birth of a developed larva) and mates only once in its life, both of which have important implications in its eradication strategies (WHO).

The two different strains of the same species (gambiense and rhodesiense) infect human populations only but are found in slightly different habitats and reservoirs. The gambiense strain is an

anthroponotic strain causing the chronic form of sleeping sickness that transmits from human-to-human and humans' function as the main reservoir [5]. Transmission of the trypanosome begins with the tsetse fly bite that develops an inflammation of the skin known as a chancre. This allows the fly to transmit the metacyclic trypanosomes [6]. Pathogenesis within the human body host is divided in to two stages: the haemolymphatic stage followed by the meningoencephalitic stage. In the haemolymphatic stage, the trypanosome will then enter the lymphatic vessels and bloodstream of the human host [6]. Subsequently in the meningoencephalitic stage, the trypanosome invades the connective tissues and later, the choroid plexus into the brain and Cerebrospinal Fluid (CSF) [6]. The trypanosome transmitted exists in its metacyclic stage where it will undergo binary fission every six hours to form slender forms of the protozoan [6]. Infection of the host only occurs when the protozoan exists in its slender form but can alternate with the non-proliferative stumpy form to transmit back to the vector [6].

## Materials and Method

### Experimental Animals

Twenty adult rats (*Rattus norvegicus*) were purchased from the animal house of the Department of Veterinary Parasitology and Entomology, Faculty of Veterinary Medicine, Ahmadu Bello University, Zaria, Nigeria for the experiment. The rats were housed in a standard rat cage at the experimental animal house of the Department of Veterinary Parasitology and Entomology, Faculty of Veterinary Medicine, Ahmadu Bello University, Zaria. The animals were allowed to acclimatize for one week during which they were screened for haemoparasitic infections. They were fed throughout the experiment with self-made grower mash and water was supplied ad libitum.

### The Parasites

The parasite used was *Trypanosoma brucei* which was obtained from the Department of Parasitology and Entomology, Faculty of Veterinary Medicine, Ahmadu Bello University, Zaria, Nigeria. The parasites were propagated in laboratory rats by intraperitoneal inoculation and monitored until the development of parasitaemia of up to 20-30 parasites per field on wet mount.

### Experimental Design

The rats were grouped into five groups based on routes of inoculation (Intravenous IV, Intramuscular IM, Subcutaneous SC, Intraperitoneal IP) and uninfected control UC. Each group contain four rats tagged 1-4 namely; IV1-IV4, IM1-IM4, SC1-SC4, IP1-IP4 and then uninfected control UC1-UC4. Prior to the experimental infection, the rats were bled by venupuncture of the retro-orbital vein. The rats were screened for haemoparasites using Haematocrit Centrifugation Technique (HCT), Wet Mount Technique (WMT) and Thin Blood Smear (TBS). The Packed Cell Volume (PCV), Total plasma Protein (TPP), and differential white blood cell count were determined. These were to serve as pre-infection values.

### Experimental Infection

Following the development of parasitaemia (20-30 parasites per field) of *Trypanosoma brucei*, the rats were humanely sacrificed, and 4mls of blood collected in a graduated beaker containing salts of Ethylene Diamine Tetraacetate (EDTA) as anticoagulant, and diluted with 5mls of physiological saline solution to attain total volume of 9mls. Using insulin needle each rat from IV, IM, SC and IP groups were inoculated with 0.2mls each of the diluted blood estimated to contain  $1.26 \times 10^6$  parasites per ml of blood [7] using IV, IM, SC and IP routes respectively, while the fifth group served as uninfected control. The experimental animals were allowed to pass through the course of the infection.

### Collection of Blood Samples

Blood was aseptically collected from each rat by venipuncture of the retro-orbital vein, 0.1ml of blood was collected at days 6 and 12 post infection meant for determination of packed cell volume, total plasma protein, total leukocytes, parasitaemia using WMT, TBS and HCT. 0.05ml of blood was also aseptically collected from each rat by venipuncture of the central caudal vein every two days post infection until the end of the experiment meant for parasitaemia detection and estimation by TBS and WMT.

### Parasitaemia Detection and Estimation

Trypanosomes were detected using wet blood film and parasitaemia were estimated using the rapid "Matching" method described by Herbert and Lumsden [7].

### Hematological Examination

Packed Cell Volume (PCV) and Total White blood cell count (WBC) were determined using the standard microcapillary haemocytometric methods, respectively, as described by Jain 1986). Total plasma protein was determined using a refractometer method (Coulter Electronics, earts England) as described by Kerr [8].

### Monitoring

The parasitemia of infected rats were checked every 3 days intervals post inoculation for 12 days by doing wet mount and HCT. The wet mount was observed under X 40 magnification, and the HTC was observed under XI0 magnification with oil immersion. TBS was done for every positive result and observed under XI00 magnification. PCV was determined at days 6 and 9 post infection using microhematocrit capillary tube, microhematocrit centrifuge and microhematocrit reader to read the result. The experiment lasted for a period of 21 days post infection.

### Statistical Analysis

The values of the PCV, WBC, parasitemia and total plasma protein of each group of the animals were summarized as mean  $\pm$  SEM. Variation among mean values was evaluated by variance (ANOVA). Values of  $P < 0.05$  were considered statistically significant, version 4.0 of graph pad prism was used for the statistical analysis of data.

## Results

The results of this study showed that rats (*Rattus norvegicus*) are susceptible to experimental infection with *Trypanosoma brucei* by different routes of inoculation with mean pre-patent periods of  $3.00 \pm 0.000$ ,  $4.00 \pm 1.000$ ,  $7.50 \pm 1.500$  and  $9.00 \pm 1.732$  days respectively for the IV, IM, SC, and IP. There was increase in mean parasitaemia for the entire group which was statistically significant. This difference was most for the IV group and least for the IP group ( $P < 0.05$ ). There was no statistically significant difference in mean PCV for the entire group, except for the IP group ( $P < 0.05$ ). There

was increase in mean total plasma protein at the initial stage, which decreases at the later stage of infection, but there was no statistical difference for the entire group except for the IP group ( $P < 0.05$ ). There was slight increase in mean total WBC for the entire, but there was no statistically significant difference between the groups. Mean survival time of infected rats was  $15.25 \pm 2.016$ ,  $13.25 \pm 2.720$ ,  $12.25 \pm 0.250$ ,  $12.75 \pm 1.250$  for the IV, IM, SC and IP respectively which has no statistical difference between the groups. On TBS done for every positive result, all the three forms of the parasites (*T. brucei*) i.e slender, intermediate and stumpy forms were observed (Tables 1-5).

**Table 1:** Mean Parasitemia (Parasites per field)  $\pm$  SEM of experimentally infected rats with *Trypanosoma brucei* via different routes and uninfected control.

Group	Day 0	Day 3	Day 6	Day 9	Day 12
A	0.00 $\pm$ 0.000	0.75 $\pm$ 0.479	2.33 $\pm$ 1.202	3.33 $\pm$ 1.202	5.33 $\pm$ 0.667
B	0.00 $\pm$ 0.000	0.50 $\pm$ 0.289	2.33 $\pm$ 0.667	3.00 $\pm$ 0.577	4.33 $\pm$ 0.882
C	0.00 $\pm$ 0.000	0.00 $\pm$ 0.000	1.00 $\pm$ 0.408	2.33 $\pm$ 0.333	3.33 $\pm$ 0.333
D	0.00 $\pm$ 0.000	0.00 $\pm$ 0.000	1.00 $\pm$ 0.408	1.25 $\pm$ 0.479	2.33 $\pm$ 0.333
UC	0.00 $\pm$ 0.000	0.00 $\pm$ 0.000	0.00 $\pm$ 0.000	0.00 $\pm$ 0.000	0.00 $\pm$ 0.000

Key: A = IV, B = IM, C = SC, D = IP, UC = Uninfected control.

**Table 2:** Mean PCV (%)  $\pm$  SEM of experimentally infected rats with *Trypanosoma brucei* via different routes and uninfected control.

Group	Day 0	Day 6	Day 12
A	49.75 $\pm$ 1.797	44.25 $\pm$ 2.810	45.50 $\pm$ 3.500
B	49.00 $\pm$ 1.225	51.25 $\pm$ 2.016	51.00 $\pm$ 1.528
C	52.25 $\pm$ 2.995	49.00 $\pm$ 2.708	40.33 $\pm$ 2.963
D	49.25 $\pm$ 0.750	42.25 $\pm$ 1.315	39.00 $\pm$ 1.528
UC	42.50 $\pm$ 1.756	42.25 $\pm$ 1.315	41.50 $\pm$ 1.190

Key: A = IV, B = IM, C = SC, D = IP, UC = Uninfected control.

**Table 3:** Mean TPP (g/dL)  $\pm$ SEM of experimentally infected rats with *Trypanosoma brucei* via different routes and uninfected control.

Group	Day 0	Day 6	Day 12
A	6.65 $\pm$ 0.4787	7.75 $\pm$ 0.2500	7.55 $\pm$ 0.6185
B	6.90 $\pm$ 0.5447	7.20 $\pm$ 0.3055	6.40 $\pm$ 0.3055
C	5.70 $\pm$ 0.2082	6.90 $\pm$ 0.1291	6.33 $\pm$ 0.7688
D	6.30 $\pm$ 0.1915	7.00 $\pm$ 0.000	6.47 $\pm$ 0.2667
UC	6.40 $\pm$ 0.7439	6.43 $\pm$ 0.6613	6.45 $\pm$ 0.2667

Key: A = IV, B = IM, C = SC, D = IP, UC = Uninfected control.

**Table 4:** Mean WBC ( $\times 10^9/L$ )  $\pm$  SEM of experimentally infected rats with *Trypanosoma brucei* via different routes and uninfected control.

Group	Day 0	Day 12
A	3.075 $\pm$ 0.5186	5.367 $\pm$ 1.7950
B	3.250 $\pm$ 0.8770	8.050 $\pm$ 2.0500
C	5.075 $\pm$ 1.1880	9.400 $\pm$ 6.3740
D	3.700 $\pm$ 0.2380	8.333 $\pm$ 2.8620
UC	4.000 $\pm$ 0.8124	3.275 $\pm$ 0.2869

Key: A = IV, B = IM, C = SC, D = IP, UC = Uninfected control.

**Table 5:** Mean survival time (days)  $\pm$  SEM post infection of rats experimentally infected with *T. brucei* via different routes.

Group	Survival Time Post Infection (Days)
A	15.25 $\pm$ 2.016
B	13.25 $\pm$ 2.720
C	12.25 $\pm$ 0.250
D	12.75 $\pm$ 1.250

Key: A = IV, B = IM, C = SC, D = IP.

## Discussion

The influence of infective dose was eliminated in this study by inoculating approximately the same number of the parasite [9]. The shortest pre-patent periods are in the IV route group compared to IM, which is shorter than SC route group and shortest in IP route showing that IV group established patent parasitemia earliest, followed by IM group, then SC and latest in IP route group. This could be due to direct inoculation of the infected blood into the vein making the parasites present in the blood some hours post inoculation for the IV group, for the IM route it could be due to major blood vessel in proximity to the muscle injected, but for the SC group it will take more time for the parasites to get into systemic circulation and most time for the IP group. The observed fall in PCV in the infected animals in the present study coincide with patency of infection. This is in agreement with the previous records of *Trypanosoma evansi* infections [10-12] and it strongly suggests that the presence of live trypanosomes in circulation and the level of parasitemia may be responsible for the development of anemia [13]. Anemia in trypanosome-infected animal is consistent and determines the severity of infection [14]. However, this study showed that, the fall in PCV in the entire group were not statistically significant, except for the IP group.

The initial rise in total plasma protein seen in all the groups of this study is in accordance with the observations of Gutierrez [11] in *Trypanosoma evansi* infected camel and *Trypanosoma brucei* infected rabbits respectively. The increase might be due to hypergammaglobulinemia in response to the infection [15]. It is also likely that the increase might have been triggered by the parasites derived intracellular enzymes and proteins derived from lysed parasites by the host immune system. However, the fall in the total plasma protein concentrations seen in the later stages of all the groups except for the uninfected control is in accordance with the report of Shehu, in experimentally *Trypanosoma evansi* infected goats. The decrease may be suggestive of an increase in protein break down or urea loss and hemodilution. Moreover, there was slight leukocytosis in all the groups except for the uninfected control. This is based on the fact that tolerant animals develop leukocytosis and non-tolerant animals develop leucopenia [16,17].

## Conclusion

This study revealed that the pre-patent period is shortest in rats infected intravenously and longest in those infected intraperitoneally, same applies to parasitaemia, which was highest in intravenous group and lowest in intraperitoneal group. Though the different routes of inoculation of *Trypanosoma brucei* ensued significant variation in pre-patency, parasitaemia and survival time but not in PCV and Total plasma protein. Route of inoculation may not have significant influence on the severity of infection due to *Trypanosoma brucei* strain used in this study in albino rats.

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