

# The Application of Next Generation Sequencing in Cancer Precision Diagnosis and Target Therapy Selection

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# Introduction

Cancer comprises more than 100 distinct human malignancies and is highly heterogeneous in its genetic and molecular aspects [1]. Researches using cytogenetic techniques and high-throughput genome-wide approaches have made significant contributions for cancer treatments that involve the specific target therapies [2]. Antibody-based therapy for cancer has been established more than 15 years and is now one of the most successful and important strategy for treating patients with haematological malignancies and solid tumours condition [3]. The development of successful and applicable therapeutic antibodies requires a thorough understanding of cancer serology, protein-engineering techniques, mechanisms of action and resistance, and the crosslink between the immune system and cancer cells. It is not surprising that recent and emerging R&D pharmaceutical and biomolecular diagnostic industries have shifted to signalling transduction-inhibitor drugs, such as, target immune checkpoint drugs and antibody therapies. The monoclonal antibody products dramatically climbing in the global market from 2010, which was nearly \$75 billion annually [4].

This steady market-based sales growth of the current approved monoclonal antibody products, along with over 300 monoclonal antibody product candidates, which are in their development phase is clearly projecting a time-series forecast and predicted to drive the overall sales of all biopharmaceutical products.4 Unlike chemotherapies, the monoclonal antibody products exclusively rely on the specific gene alteration of cancer patients. The traditional cancer diagnosis methods use diagnostic imaging and biopsy is still equally essential. However, there is a demand for a more efficient and comprehensive approach to provide precision diagnosis based on the genetic diversity and genomic alteration of cancer patients. This is simply because each cancer patient has distinct genome and health condition. Next Generation Sequencing (NGS) has many advantages, such as, the capability to fully sequence every type of mutations in a large number of genes (hundreds to thousands) without sacrificing sensitivity and speed in a single test at a relatively low cost compared to other sequencing modalities. Till date, the development of NGS platforms, like RNA sequencing (RNA-seq), and whole-genome sequencing (WGS), have greatly expediated the cancer research. Particularly, RNA-Seq is expected to play a key role to promote the tumour diagnostic and therapeutic biomarkers/targets discovery and precision medicine due to its comprehensive, high effort and accurate detection of transcriptome alteration of cancer patients.

## Diagnosis Application of High-throughput Method

Historically, the quantitative reverse transcription PCR (qRT-PCR) was used as the 'gold standard' method in gene transcriptional detection and predominate in the clinical aspect. The benefits of qPCR include fast, accurate, sensitive and low-sample requirement allows the extensive application of qPCR in both clinical and laboratory researches. However, there are multiple obstacles identified for qPCR in the precision diagnosis, which is essential for the target therapy selection. With the increase of the number of target therapies, hundreds to thousands of genes need to be detected to select the suitable target therapies. Thus, relatively few markers can be measured in every single assay greatly enhance the time cost for qPCR. Amid the development of NGS technology, lesser consumable, time and cost are now applied into clinical laboratories for diagnostic testing for multicancer patients [5]. In the past decade, NGS-based genomic study is widely used in cancer diagnosis. The NGS-based diagnosis strategy showed potency for ovarian cancer [6], breast cancer [7] and thyroid cancer [8]. In the era of NGS, RNA-seq is the most frequently used methods for cancer diagnosis and research. This in-depth and rapid transcriptome detection provides unprecedented flexibility, sensitivity and accuracy of gene expression measurements. Hundreds of therapeutic target genes can be detected in a single assay, which allowed the precision genomic alteration detection. Based on the RNA-seq strategy, more accurate diagnosis and treatment can be made to improve the prognostic result for different cancer patients. For instance, the karyotyping and qRT-PCR measurement of BCR-ABL1 was suggested to be used for the diagnosis of chronic myeloid leukaemia (CML) [9]. Recently, the development of NGS technology application has promised to further explore into the poor prognostic CML patients [9]. Translocation and RUNX1-RUNX1T1 fusion, also known as AML1-ETO, has been recognised as a diagnostic genome alteration of acute myeloid leukaemia (AML) [10]. TMPRSS2-ERG fusion was found associated with prostate cancer [11]. Therefore, it is obvious that the adoption of RNA-seq has high potential and promising in the precision and early diagnosis, and treatment for cancer patients.

## Assessment of Target Therapy

Indeed, personalised diagnostic is capable to improve the selection of target therapies for heterogeneity cancers. Despite that, emerging development of NGS technology has been applied beyond cancer diagnostic research. This is seen in several target therapies approved by the FDA, such as EGFR-TKIs, kinase inhibitors, PD-1/ PD-L1 inhibitor and ALK inhibitors, have already achieved great success in different cancer types. However, compared to the traditional chemotherapies, target therapies have limited anticancer spectrum. Certain genomic alteration of cancer cells resulted in achieved target therapy resistance, including EGFR T790M [12]. Currently, alteration of the alternatively spliced androgen receptor variant 7 (AR-V7) was found to be linked with castration-resistant in prostate cancer [13]. EML4-ALK fusion was originally reported in non-small-cell lung cancers, [14] which is targetable by ALKspecific inhibitors such as crizotinib. The genomic alteration seems to be a double-edged sword in tumour progression. Some gene alteration provided the therapeutic targets for cancer treatment but others extremely accelerated tumour development and invasion. Thus, landscape genomic sequencing by using NGS may avoid the missing of tumour progression associated gene alterations. Besides, the continuous NGS data collection is now able to aid the discovery

of specific transcripts and genomic alteration of tumor, which might be the potential cancer therapeutic targets.

The genomic alteration of cancer does not only happen in the tumourigenesis state. For instance, acquired resistance to EGFR-TKIs usually developed after a period of treatment with the gefitinib or erlotinib [15]. One of the hypotheses revealed that the induced acquired resistant is the point mutation of T790M of EGFR and c-MET amplification [16]. Therefore, more extensive evaluation of potential gene fusions and mutations might be helpful for the improvement of the prognosis of cancer patients. For example, the RNA-seq-based clinical detection was used for the evaluation of common gene fusions prognostic situation in associated with sarcomas [17,18]. Based on the RNA-seq results, the clinicians can capture the tumour promoting genomic alteration and fusion. Subsequently designed the precision treatment according to the genome of the patients. Based on comprehensive genome alteration of intratumour heterogeneity detected by using NGS, deeper insights into signalling pathway networks and development of next-generation drugs and biomarkers [19-21].

## **Discovery of Novel Therapeutic Targets/Biomarkers**

Genetic biomarkers can be used for cancer diagnosis, prognosis, and target therapy selection. There are a variety of oncogene alterations, including BRCA1/2, Tp53, PTEN, CDH1, STK11, MLH1, MSH2, MSH6, PMS2, and PALB2, the lifetime risk rate of breast cancer is over 20% for the listed gene mutations [22]. Therefore, NGS-based gene panels have been developed to find new therapeutic and diagnostic targets for cancer treatment [23,24]. NGS-based diagnostic and target therapy selection has been greatly developed over the years, but, in the novel therapeutic targets/biomarkers' discovery aspect, invasively NGS which requires a biopsy sample is still not an ideal strategy. Non-invasive biofluids, such as, blood or serum, which contain abundant potential diagnostic and prognostic biomarkers such as RNA, circular RNA and proteins have been used in the research of cancer biomarker discovery [25].

Compared with protein biomarkers, RNA serves as the transmitters of hereditary information and regulator of transcription [26,27]. The alteration of RNA is able to provide dynamic insights into cellular states and regulatory processes of tumor. Circular RNA existed in plasma and/or serum allowed the development of non-invasive diagnosis and prognosis in the future [28,29]. Recently, with the conducted of worldwide collaboration projects such as The Cancer Genome Atlas (TCGA) and International Human Genome Project International Cancer Genome Consortium (ICGC), various potential RNA biomarkers have been successfully identified [30]. Multi gene expression panels such as PAM50, have been applied in the clinical diagnosis of breast cancer [31]. Other cell cycle progression, gene panel was used in the diagnosis of recurrence of prostate cancer.32 Non-coding RNA, including microRNAs (miRNAs) and long non-coding RNAs (lncRNA) are also considered to link with the tumour process and recurrence [33]. Moreover, miRNAs are potential therapeutic targets in many cancer types.33 Furthermore, the comprehensive RNA alteration can be detected by RNA-seq-based NGS, which may support the discovery of therapeutic biomarkers/ targets [34].

#### Prospect for the Next Frontier in Cancer Diagnosis

With the rapid development of NGS technology and a fast pace declining of the costs-per-base sequenced over the past decade. The cost of deep genomic sequence drops drastically from to 3 billion dollars to a few thousand dollars [35]. According to the dramatically cost drop in sequencing service, the NGS is projected to participate in most of the cancer diagnostic and drug discovery aspects in near future [36]. WGS sequencing will perform the personalised 'precision medicine' [37,38], which aims to optimise the target therapy selection and prognosis for cancer patients [39,40]. In an interesting research, Friend and Ideker established a novel model based on several databases to visualise personalised healthcare setting [41]. Their model unravelled that precision diagnosis and treatment strategy can be actually made by clinicians.41 However, application NGS to the clinical setting is not easy, several challenges and disagreements have obstructed this application. One of the crucial issues is the complexity of tumour heterogeneity, comprehensive sequencing of tumours using NGS revealed hundreds of genomic alterations in each cancer [42-49].

There is still a long way to go before we can fully comprehend the biological significance of each of these mutational findings. Positively, researchers already achieved great successes in the aspect of target therapies against certain cell mutations.49 Another obstacle is the data process after sequencing. The cost of NGS may be lower to \$500/genome or even \$100/genome after a few years. Experience analyser to process the dramatically large amount of sequencing data and revealed the biological signature in this data are still urgently required. The shortage of bioinformatician with core skills, including computer science, programming, biology, and statistics is a real bottleneck of the clinical application of NGS. The knowledge supply must catch up to be on par to serve the demand of advance technology to provide smooth and accurate interpretation, or, one of the ultimate prowess of this application will not reach its potential. Even though there are still many challenges and obstacle for the researcher and clinicians. The advent of NGS accelerated the development of precision cancer diagnosis and treatment. The detailed genome landscape detected by NGS also facilitated the discovery of novel therapeutic biomarkers/targets. In the near future, NGS has a huge opportunity to revolutionise the treatment and diagnosis of cancer.

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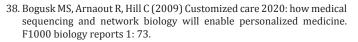
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